

**Adrian O. Mapp**  
Mayor



**Atif Nazir**  
Health Officer

# Mayor's Wellness Campaign

## Free Health Screening

**(Blood Pressure, Diabetes and Cholesterol)**

**Come Out!  
Bring  
Friends!  
Get  
Screened!**



**Spend  
Time  
On  
Prevention**



**Every  
Monday and Thursday  
10:00 a.m. to 12:00 p.m.**



**Plainfield City Hall Annex  
510 Watchung Avenue  
1st Floor**

**For more information please contact the Public Health Nurse  
@ the Plainfield Health Department # 908-753-3645**