

# SENIOR OUTLOOK

THE CENTER STAFF WISHES YOU A SAFE AND HAPPY HOLIDAY!

DECEMBER 2013 EDITION

Plainfield Senior Citizens Service Center  
908-753-3506

400 East Front Street  
Plainfield, NJ 07060-1320

PLEASE SIGN UP 24 HOURS IN ADVANCE FOR ALL TRIPS. A MINIMUM OF 8 PEOPLE IS REQUIRED TO PREVENT CANCELLATION

## CITY OF PLAINFIELD



Mayor Sharon Robinson-Briggs

Administration, Finance, Health & Social Services  
Al R. Restaino

Senior Citizens Service Center  
Sharron Brown Director

Colin A.L. Baptiste  
John Davis  
Keith Foreman  
Mary Jackson  
Terry Morris  
Susan A. Mularz  
George Smith  
Gary Van Liew  
Marion Wesley

Workforce 55

HAPPY HOLIDAYS



### 🎁 MAYOR ROBINSON-BRIGGS

TUESDAY, DECEMBER 3rd  
10:30 A.M.—11:30 A.M.

Come meet and greet Mayor Sharon Robinson-Briggs during her final mayoral meeting at the center on Tuesday, December 3rd at 10:30 a.m.

### 🎁 HOLIDAY PARTY

FRIDAY, DECEMBER 6TH  
5:00 P.M.—10:00 P.M.  
\$10.00 DEPOSIT REQUIRED

The annual holiday party will be held on Friday, December 6th from 5:00 p.m. to 10:00 p.m. at Washington Community School. Plainfield residents **MUST** leave a \$10 deposit to reserve their seat. Once you attend the event, your deposit will be refunded to you beginning on Wednesday, December 11th. **Non-Plainfield** residents must pay \$20 which is non-refundable. In order to ensure adequate food and giveaways, guests are asked to sign up now at the front desk and leave their deposits. Please let the receptionist know if you require transportation. If so, please leave your name, address and phone number on our east or west end ride list. If you do not require transportation please sign the no-ride list.

### 🎁 3 WISE MEN AND THEIR DUMBER YOUNGER BROTHERS



The Plainfield Senior Players present their holiday show on Thursday, December 19th at 6:00 p.m. It's a comedic rendition of the birth of baby Jesus as seen through the eyes of the younger brothers of the three wise men. Written by Colin Baptiste, this play is guaranteed to have you laughing in the aisles! Doors open at 4:30 p.m. The curtain goes up at 6:00 p.m. and the cost is \$5.00.

### 🎁 HOLIDAY BAZAAR

SATURDAY, DECEMBER 7TH  
10:00 A.M.—3:00 P.M.

We will be holding our annual holiday bazaar on Saturday, December 7th from 10:00 a.m. to 3:00 p.m. If you are interested in becoming a vendor, please contact Colin Baptiste at (908) 753-3506 to reserve a table. The cost of each table is \$10.00 for members and \$15.00 for non-members.

### 🎁 THE BROWNSTONE

MONDAY, DECEMBER 9TH  
10:00 A.M.—4:00 P.M.

Get ready to sing along with to for *Christmas Around The World* with renowned vocalist, Mary Mancini and enjoy a few laughs with the Professor of Christmas Fun, Tommy Moore. This show includes a family-style menu and two complimentary drinks. The cost of the show is \$57. The bus will leave the center on Monday, December 9th at 10:00 a.m.

### 🎁 HOLIDAY STONE SOUP

FRIDAY, DECEMBER 13TH 11:30 A.M.

The students of Gill St. Bernard will be at the center on Friday, December 13th at 11:30 a.m. to provide soup and sandwiches for our members. The program is sponsored in part by the Plainfield Municipal Alliance on behalf of Substance Abuse Prevention and Education. The speaker will be Mazie Wormley, Municipal Alliance consultant.

### 🎁 CROSSROADS THEATRE

SATURDAY, DECEMBER 14TH 11:30 A.M.

Crossroads Theatre Company invites you to their 2014 season of plays at the Crossroads Theatre. Come share in the magic of *Holiday Jubilee*, everyone's favorite play featuring the music of Motown on Saturday, December 14th at 3:00 p.m. There will be no transportation for this show. The cost of the show is \$25.00.

**MEDICARE OPEN ENROLLMENT**

Open enrollment for Medicare ends on Saturday, December 7th. Please make sure that your doctor is still in your plan's network and that all claims will continue to be paid. If not, you will have to make some changes.

**DECEMBER HEALTH PROGRAMS**

♥**BLOOD PRESSURE:** Representatives from the Neighborhood Health Center will be at the center on Monday, December 2nd and Monday, December 16th at 10:00 a.m. for blood pressure monitoring.

♥**BLOOD PRESSURE:** Nurse Juanita Richardson of Solaris Health System will be at the center on Monday the 9th and again on Monday the 23rd at 10:00 a.m. for blood pressure screenings.

♥**FOOT DOCTOR:** Dr. Dave will be at the center on Monday, December 23rd at 10:00 a.m. to see members.

**Attention Members:** If you saw Dr. Dave for a routine check-up in November, you must wait until January to see him again. If you are experiencing pain or have an emergency, please see Dr. Dave at his next visit on Monday, December 23rd at 10:00 a.m.

**HANUKKAH CELEBRATION**-Known as the "Feast of Lights," this eight day celebration symbolizes the dedication of the temple of Jerusalem over 2000 years ago. Hanukkah began on Wednesday, November 27th at sundown and lasts through Thursday, December 5th.

**KWANZAA**-A unique African American celebration that focuses on traditional values like community responsibility, family commerce and self improvement, the Kwanzaa holiday is celebrated from Thursday, December 26th through Thursday, January 2nd. The center will celebrate Kwanzaa on Thursday the 26th at 11:00 a.m. The program is sponsored in part by the Plainfield Municipal Alliance on behalf of Substance Abuse Prevention and Education. The speaker is Mazie Wormley, Municipal Alliance consultant.

**CLG FOOD BANK**

The center will travel to CLG Food Bank on Tuesday, December 17th at 11:00 a.m.

**THE SUNSHINE CLUB CORNER**

WHERE HOPE COMES ONE SMILE AT A TIME



**PLEASE REMEMBER THOSE WHO'S GONE ON TO GLORY**

1. CHARLES "CAPTAIN BUTCH" ROSS
2. CHARLOTTE TIMBERLAKE

**REMEMBER THOSE WHO**

**ARE SICK & SHUT-IN**

1. PHYLLIS GREER
2. CRAIG JOHNSON (SON OF DORIS JOHNSON)

If you know someone who is recovering from illness, please call the center at (908) 753-3506 and let us know.

THE NEXT SUNSHINE CLUB MEETING WILL BE HELD ON WEDNESDAY, DECEMBER 11TH 11:00 AM

**Sign-up for upcoming trips & events beginning on Monday, December 2nd at 9:00 a.m.**

Radio City Music Hall	\$78.00	12/2/13
Holiday Party	\$10.00	12/6/13
Holiday Bazaar	\$10.00	12/7/13
Brownstone	\$57.00	12/9/13
Stone Soup		12/13/13
Crossroads Theatre	\$25.00	12/14/13
Food Bank		12/17/13
Sizzling Thursday	\$ 5.00	12/19/13
Watchung Square Mall		12/20/13
Nursing Home Visit		12/27/13

**BREAKFAST & BINGO AT ARISTACARE**

The center will travel to Aristacare at Norwood for breakfast and bingo on Wednesday, December 4th from 9:00 a.m. to 11:00 a.m. Sign up now for transportation.

**NORTH PLAINFIELD COSTCO GRAND OPENING**

Costco Wholesale will be at the center on Wednesday, December 4th from 11:00 a.m. to 1:30 p.m. for member sign-up. They are celebrating the grand opening of their new location on Route 22 East in North Plainfield with a cash card promotion. If you have any questions, please contact the center at (908) 753-3506.

**COMMUNITY ACTION PROJECT**

Sharron Brown, in conjunction with Community Action Project (C.A.P.), will hold a meeting on Thursday, December 12th at 4:00 p.m.

**WATCHUNG SQUARE MALL**

Join the center membership as they travel to Watchung Square Mall for some last minute holiday shopping on Monday, December 20th at 11:00 a.m.

**HEALING DRUMS**

The Healing Drum Circle led by Judi Johnson and Shelia Bracey-Liggins resumes on Saturday, December 21st from 1:00 p.m. to 2:30 p.m.

**NURSING HOME VISIT**

Join Susan Mularz and the membership as they travel to Norwood Nursing Home to visit our sick and shut-in friends on Friday, December 27th at 11:00 a.m.

**CENTER CLOSINGS FOR DECEMBER**

- 🎁 1/2 day session on Christmas Eve, Tuesday, December 24th from 9:00 a.m.—12:00 noon.  
(NO REGULAR TRANSPORTATION)
- 🎁 Christmas Day, Wednesday, December 25th the center is closed.
- 🎁 1/2 day session on New Years' Eve, Tuesday, December 31st from 9:00 a.m. - 12:00 noon.  
(NO REGULAR TRANSPORTATION)
- 🎁 New Years Day, Wednesday, January 1st 2014 the center is closed.
- 🎁 **No transportation available on these days.**

**PLAINFIELD SENIOR CITIZENS CENTER**  
**2013 DONORS AND VOLUNTEERS ♥**

- ⇒ Alpha Kappa Psi Sorority Alumni of Montclair State University. ♥
- ⇒ BJ's Wholesale Warehouse and their senior driver, Mr. Ellis. ♥
- ⇒ City of Plainfield Fire Department and Plainfield Vulcans. ♥
- ⇒ Friends of the Center. ♥
- ⇒ Gill St. Bernard's faculty and students. ♥
- ⇒ Honorable Mayor Sharon Robinson-Briggs and the Plainfield City Council. ♥
- ⇒ Madeline Rutkowski and Toni Rollis of the Department of Social Services for the township of Scotch Plains. ♥
- ⇒ Marsha Morgan and Angel Payne of Sodexo Foods ♥
- ⇒ Millie Biljas, of the Somerset Girl Scouts. ♥
- ⇒ National Council of Negro Women. ♥
- ⇒ New Jersey Longhorns Minor League Football Organization. ♥
- ⇒ Plainfield Police Benevolent Association. ♥
- ⇒ Stop & Shop Supermarket of Watchung ♥
- ⇒ The Sunshine Club ♥
- ⇒ Tommie, Maria and George of the Plainfield Donut Shop. ♥
- ⇒ Tricia Nering of Heart for Humanity. ♥
- ⇒ Vicki's Diner of Westfield. ♥
- ⇒ Zeta Phi Beta Sorority, Inc. Plainfield Chapter ♥
- ⇒ **Our center volunteers:** Mary Armstrong, Larry Bolding, George Bowen, Johnnye Hansford, Fred Harris, Gladys Harvey, Prince Hinds, Judith Johnson, William Jones, Hattie McCrimmon, Ernestine Ridley, Marie Van Lierop, Albert Weaver, and Mazie Wormley.
- ⇒ Director, Sharron Brown, would like to give special recognition to her executive staff for their work. ♥

**Director Sharron Brown and the executive staff wishes everyone a safe and happy holiday ♥**

**PLAINFIELD SENIOR CITIZENS CENTER**  
**FROM THE DIRECTOR'S DESK**

**Dear Seniors:** We surely had a lot to be thankful for during the month of November. We had a wonderful time at our Thanksgiving Day Dinner program. I want to thank all of you who participated in and volunteered your time. It was a great success!

Now that the holiday season is in full swing, we are diligently working to bring you the highest quality of information and enjoyment our senior center can offer. Don't forget to "cut a rug" at this year's holiday party on Friday, December 6th from 5:00 p.m. to 10:00 p.m. at Washington Community School.

On Saturday, December 7th, we will hold our annual holiday bazaar where you will be able to find numerous holiday gifts. Also on Saturday, December 7th Medicare Part D open enrollment will end. Please get with Colin Baptiste if you need assistance with changing your current plan.

The holiday season is certainly a time to reflect and give thanks for seeing another year. May your holiday season be filled with love, peace and joy!

Sharron *Mitchell-Brown*, Director

**PLAINFIELD SENIOR CENTER MEMBERSHIP**

**Dear Seniors:** Come spread some holiday cheer throughout the center. We are looking for Christmas carolers. If you are interested, please contact Joyce Pollard at (908) 753-3506. What fun we had at the senior talent showcase, so much fun that we're doing it again in January. Newcomers as well as repeat performers are welcome to sign up. Don't be shy. Call me at (908) 753-3506 and come join in the fun. I want to take this opportunity to wish our members a happy, healthy, blessed, and joyful holiday season.

Suzanne *Koonce*, Membership President

**PLEASE NOTE: ALL TRIPS ARE SUBJECT TO CANCELLATION DUE TO LACK OF PARTICIPATION**

## **🎁 UNION COUNTY TRAVEL SECTION**

Union County Senior Council trip schedule includes all day and multi-day trips. All trips are aboard a deluxe motor coach which leaves from Jeannette Ave in Union. No center transportation will be provided.

1. *Radio City Music Hall Christmas Spectacular* - starring the *Rockettes* in 3D will be on Monday, December 2nd. Come enjoy this spectacular show! Have lunch on your own in Rockerfeller Center. The cost of the show is \$78.00 and seats are located in the second mezzanine. The bus will leave the center at 8:15 a.m. sharp!

## **🎁 SHARE YOUR GIFT**

### **AUNTIE MINNIE'S SWEET CORNBREAD**

1. 1 can of cream style corn
  2. 1 can of whole kernel corn
  3. 1 box of Jiffy mix
  4. 1 cup of Aunt Jemima's corn meal mix
  5. 1 large egg
  6. 1 cup of shredded, sharp cheddar cheese
  7. 1/2 cup of cooking oil
  8. 1 cup of milk
1. Grease one 9" baking pan with butter.
  2. Mix all the ingredients well prior to pouring in pan.
  3. Put mix in the pan. Bake for about 45 minutes or until done.

## **🎁 SHARE YOUR GIFT**

A Christmas Miracle

By Joyce Pollard

In New York, you can see people walking around and shopping, their arms full of packages. All you can hear is laughter until someone yells out "Merry Christmas." Can you see all the lights in the windows? You don't know which one to stop and look at first.

All of a sudden, the sky became so clear and the stars shined so bright. People wondered what was happening because they could not believe their eyes.

"Look at the trees," someone said. "Are they bowing, and to whom?" "Look at that bright star." I have never seen that one before. "Look at the trees. They are still bowing." Then a cool breeze swept by and everything became still.

"Look up," a child said. "Look at the angels in the sky." The sky was full with a throng of angels. They began singing, "Joy to the world" when the brightest star in heaven appeared.

Today a child is born. Let everyone worship Him with praise. Come and behold the King!

I wish everyone a very Merry Christmas and a Happy New Year!

## **🎁 SENIOR CENTER PARKING SPOTS**

As of Monday, December 2nd, the center has updated its reserved parking for our members. You can now park in spots: 10, 11, 13, 14, 16, 17, 18, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, and 61. There are also 4 handicapped spots available. If you park in any spot other than those listed above, Mathew's Towing will tow your car and it will cost \$185 to get it back.

## **🎁 CHICKEN SOUP FOR THE SOUL WORD SEARCH (CAPS ONLY)**

- |                   |                   |
|-------------------|-------------------|
| 1. WHAT THE       | 13. RELATE TO     |
| 2. WORLD NEEDS    | 14. OTHER         |
| 3. IS NOT         | 15. PEOPLE,       |
| 4. ROMANTIC       | 16. CARRY ON      |
| 5. LOVERS WHO     | 17. USEFUL WORK,  |
| 6. Are SUFFICIENT | 18. AND WILLINGLY |
| 7. UNTO           | 19. GIVE TIME and |
| 8. THEMSELVES,    | 20. ATTENTION to  |
| 9. BUT HUSBANDS   | 21. THEIR         |
| 10. AND WIVES     | 22. CHILDREN.     |
| 11. WHO LIVE in   | 23. MARGARET      |
| 12. COMMUNITIES   | 24. MEAD          |

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**Plainfield Senior Citizens Service Center**  
400 East Front Street (1st Floor)  
Plainfield, New Jersey 07060-1320  
908-753-3506

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UNION, NJ 07083

CURRENT RESIDENT OR

**On-Site Classes** ♀ ♀ ♀ ♀ ♀

**Yarn Class:** Learn how to knit and crochet with the Pussycat Club every Monday through Thursday from 9:30 a.m. to 3:00 p.m.

**Quilting Class:** Sharpen your skills every Tuesday, Thursday, and Friday at 10:30 a.m. in the sewing room.

**Jewelry Making Class:** Learn to make fine jewelry every Wednesday from 1:30 p.m. to 3:00 p.m. in the art room with Mazie Wormley.

**Memoir Writing Group:** Learn how to write your own memoir on Wednesday, December 18th at 10:30 a.m. with the memoir group in the conference room.

**Zumba Class:** Work up a sweat every Wednesday and Friday from 11:00 a.m. to 12:00 noon with instructor Charmaine Walker in the fitness room.

**Sew Easy:** Learn how to sew every Wednesday from 11:00 a.m. to 1:00 p.m. with Marie Van Lierop in the sewing room.

**Ceramics Class:** Learn how to mold, glaze and fire precious works-of-art every Thursday from 1:00 p.m. to 2:30 p.m. with Davette Bivins in the art room.

**Ball Room Dancing:** Learn tango, fox trot and rumba with Fred Harris, Prince Hinds, and Judith Johnson every Thursday at 2:00 p.m. in the fitness room.

**December Meetings** ♀ ♀ ♀ ♀ ♀

→ **The mayor's meeting** will be on Tuesday the 3rd at 10:30 a.m.

→ **The membership meeting** will be on Tuesday the 10th at 10:30 a.m.

→ **The Sunshine Club meeting** will be on Wednesday the 11th at 11:00 a.m.

→ **The advisory board meeting** will be on Tuesday the 17th at 10:00 a.m.

→ **The Senior Pool Club meeting** will be on Tuesday the 17th at 1:00 p.m.

**Large print copies of SENIOR OUTLOOK available by request.**

- ❖ The center is handicap accessible and smoke-free.
- ❖ Trip schedules are available in Spanish upon request.
- ❖ Free parking is available in designated spots in the rear of the building.

FUNDING HAS BEEN MADE POSSIBLE IN PART BY THE NEW JERSEY STATE COUNCIL OF THE ARTS, DEPARTMENT OF STATE, A PARTNER AGENCY OF THE NATIONAL ENDOWMENT OF THE ARTS, THROUGH A GRANT ADMINISTERED BY THE UNION COUNTY OFFICE OF CULTURAL AND HERITAGE AFFAIRS.

NEW JERSEY STATE  
COUNCIL ON  
THE ARTS